

FIT AND FEMINIST

Because it takes strong women to smash the patriarchy.

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stylish speed. from the heart



I PICKED THE RIGHT MONTH TO START MEDITATING

February 2, 2017

22 Comments

On January 1, a particularly gross hangover inspired me to resolve that I was going to cut back on my drinking. On January 2, I realized this was going to [...]

Heart and Mind



Fit and Feminist shared Thrive as the Fittest's post.
February 13 at 3:40am

Thrive as the Fittest
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